

Purpose

Private lessons are available to all WAGS members, regardless of age or ability. This Private Lesson Policy outlines the eligibility criteria for private lessons and the procedures for booking them.

Private lessons are a great opportunity to:

- Receive individual support for improving in a particular skill
- Helping to overcome a mental block when the gym is quiet
- Working on a conditioning or injury rehabilitation programme to enhance an athlete's performance
- Working towards a particular goal

Who will it benefit

Primarily: WAGS recreation or competitive athletes that wish to enhance their skill development

Secondary: Members of the public that may wish to learn a particular skill

Guidelines

- Athletes **MUST** in the first instance, communicate with their coach that they wish to book a private lesson.
- Private coaching can be delivered by any of the nominated WAGS Lead Code team
- Private lessons can be scheduled when other classes are on but only if they don't interfere with the normal running of the class
- Lessons only to be given to athletes who have attended regular practices and worked to earn this privilege
- Private lessons are not to be used as a "catch up" for missing regular lessons
- The coach has the right to refuse a private lesson

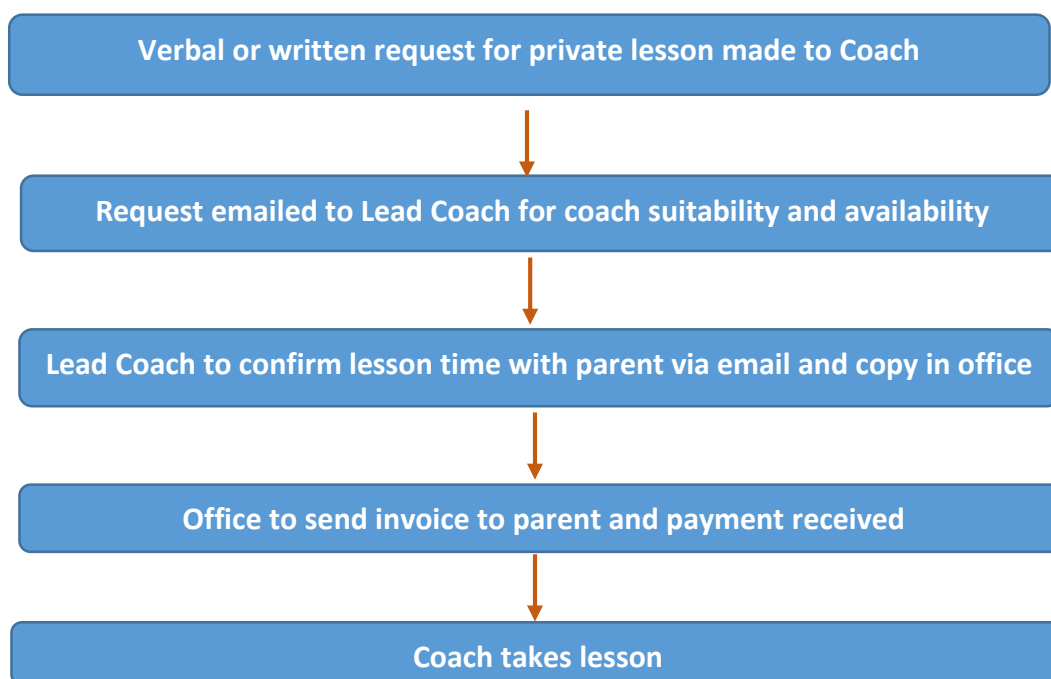
Conditions

- All lessons must be paid in full upon scheduling
- 24 hours' notice must be given for a cancellation or full cost will be expected
- Competition athletes are restricted to a maximum 1 private lesson a week
- All minors (U16) must have one adult present for any private training
- Athletes can warm up / stretch for 15 minutes prior to their private to maximise their time on apparatus
- WAGS strongly discourages removing children from school to take up private training services
- Due to coach availability and facility use private training is not always available
- Term fees must be paid in full before private lessons can be booked

Fee Schedule

Fee Schedule	1:1	Semiprivate (<i>up to 3 gymnasts</i>)
30 min lesson	\$45	\$45
1 hour lesson	\$80	\$80 - \$110

Booking Procedure



Appendix A: Details of booking procedure

1. Athletes must in the first instance communicate to their coach that they wish to book private lessons. This is a courtesy to the coach and they can best direct them to the appropriate private coach. This needs to be a clear and transparent procedure.
2. Once directed, athletes may then contact the private coach to schedule a private training session. (Please check with the athlete's coach if any special requirements are needed to make efficient use of the time).
3. Lesson booked and invoice sent.
4. Payment to be made to the office in advance of the lesson.